

Curriculum Vitae

Aaron J. Vandebos, M.D.

Experience

- Oct. 2021-Present Inland Orthopaedic Surgery and Sports Medicine Clinic, PLLC
2500 West A Street, Suite 201
Moscow, ID 83843
- Aug. 2016 – Jun. 2021 Landstuhl Regional Medical Center
Landstuhl, Germany
- Aug. 2016 – Aug. 2020 67th Forward Surgical (Resuscitative) Team
Landstuhl, Germany
- Aug. 2018 – Apr. 2019 Operation Freedom's Sentinel
Deployment to Logar province, Afghanistan

Education & Training

- Jul. 2011 – Jun. 2016 Residency Training
San Antonio Uniformed Services Health Education Consortium,
Fort Sam, Houston, TX
- Aug. 2007 – Jul. 2011 Doctor of Medicine
University of Toledo College of Medicine
Toledo, OH
- Aug. 2003 – Jul. 2007 Bachelors of Science
Boise State University
Boise, ID

Board Certifications

ABOS Board Certified – July 2018

Medical Licensure

Idaho Medical License, Issued 2021
Washington State Medical License, Issued 2021
Physician License, Issued 2013

Professional Memberships

American Board of Orthopaedic Surgery

Presentations

Open versus Arthroscopic treatment of Femoroacetabular impingement in a military population.” Society of Military Orthopaedic Surgeons annual meeting. Glendale, AZ. December 2014.

Numerous presentations on various orthopaedic topics at the local and occasionally regional level

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Surgical experience

Sports Medicine

- ACL reconstruction
- Revision ACL reconstruction
- Meniscus repair
- Cartilage restoration
- Rotator cuff repair
- Shoulder instability

Hand & Upper Extremity

- Median and ulnar neuropathy
- Wrist arthroscopy
- Hand & wrist instabilities
- Hand & wrist tendon disorders

Foot & Ankle

- Ankle arthroscopy
- Ankle instability
- Bunions

Hip & Knee Arthroplasty

Trauma

- Damage control orthopaedics
- Routine fracture management
- Periarticular fracture management
- Tendon ruptures
- Skin grafting

Professional Strengths

- Patient rapport
- Surgical intuition
- The intersection between medicine and strength and conditioning

Personal Interests

- The wellbeing of my family will always be my first priority.
- Christianity is at the core of my identity. Particular interest in church history, apologetics, and local gatherings of believers.
- Experience of different people, places, and cultures through travel has been an ongoing highlight of my life.
- Reading classic literature (particularly AC Doyle).
- High quality food and craft beer.
- Strength and conditioning when possible, which generally means body weight exercises interspersed with everything else going on.
- Anything outdoors. Hiking, camping, rafting, climbing, etc.